

ROTALORE

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"A day without laughter is a day wasted." – Charlie Chaplin



CLUB DIARY - 16 OCTOBER, 2025

DECIPHERING HEALTH'S BLUEPRINT THROUGH BIOMEDICAL RESEARCH.

PROF. DR. ANIRBAN CHAKRABORTY

The meeting began with invocation by Rtn. Prakash Prabhu followed by Presidents address. Our last week's meeting featured an inspiring talk by Dr. Anirban Chakraborty, introduced by Rtn. Arun Isloor, who shared fascinating insights into biomedical research and the vital role of the zebra fish in modern science.

He traced his journey from 2014, when he began with just three rooms and four faculty members at NITTE Institute, to today's state-of-the-art research center with 25 faculty and 450 students, a testament to vision, perseverance, and strong institutional support.

Dr. Anirban explained three Nobel Prize-winning discoveries that have reshaped medicine:

Induced Pluripotent Stem Cells (2006 discovery, Nobel 2012): reprogramming cells to treat incurable diseases, beautifully compared to The Curious Case of Benjamin Button.

Gene Editing (2012 discovery, Nobel 2020): a breakthrough offering treatment for Sickle Cell Disease and Thalassemia, signaling a future beyond chemotherapy and radiology.

Green Fluorescent Protein from Jellyfish (Nobel 2008): a glowing marker that helps track disease processes, now tested in zebra fish.

He also highlighted how zebra fish aid research in toxicology, pharmacology, genomics, and disease modeling, showing an impressive video of its embryonic development.

The talk ended with reflections on the key determinants of human health, social, environmental, behavioral, and genetic factors.

Members found the session deeply engaging and left inspired by how small creatures and big ideas are shaping the future of healthcare. Meeting concluded with Vote of Thanks by Rtn. Freeda Dsouza.

PROGRAM TODAY
23 OCTOBER, 2025

Want to LOL? : Mr Arpith Indravadan

VENUE - OCEAN PEARL
Tea Meeting

PROGRAM NEXT WEEK
30 OCTOBER, 2025

DIWALI NIGHT ' 25

VENUE - OCEAN PEARL
Dinner Meeting



KNOW OUR CHIEF GUEST

Mr Arpith Indravadan, is a multi-talented artist who wears many hats, a video production specialist in the Branding Team of Nitte University, a standup comedian, content creator, voiceover artist, mime performer, an emcee and an all-around entertainer who truly knows how to connect with people through humor and heart. Before joining the Branding Team, he served as the Social Media Coordinator of Nitte University, bringing stories and smiles to countless screens.

But most of us know him by his popular stage and screen name, MAD IN KUDLA, the man whose YouTube channel has over 100,000 subscribers, spreading laughter with every sketch.

A former radio jockey at Mirchi 98.3 Mangaluru and Mirchi 95 Bengaluru, Arpith's journey from the mic to the camera is truly inspiring — blending humor, storytelling, and creativity at every step.

From charming audiences on Radio Mirchi as a beloved RJ known for his quick wit and infectious energy to acting in acclaimed Tulu and Kannada films like Rang, 2 Ekre, Garudagamana Vrishabha Vahana, and Happy Birthday to Me, he's done it all with style and passion.

With his exceptional comic timing and authentic charm, Arpith Indravadan is not just a performer, he's an experience, guaranteed to leave audiences smiling long after the show ends.



ROTARY AROUND THE WORLD

ROTARY EMPOWERS JOB ACCESS FOR PEOPLE WITH INTELLECTUAL DISABILITIES

Through a partnership between Inclusion Alberta and the clubs of Rotary International in Alberta, Canada, an innovative employment-placement initiative is helping people with intellectual disabilities connect with meaningful jobs. This program has already matched around 900 individuals with roles at companies such as NFP Group, where one participant now serves as a valued operations assistant.



Read more: <https://www.rotary.org/en/a-path-to-self-reliance>

Rotary members used their business networks to advocate for inclusive hiring and work with local employers to adapt job roles. The effort underscores a key message: if each of Rotary's 1.2 million global members were to help just one person into a sustainable job, the impact could be transformative.

This initiative aligns with Rotary's broader commitment to "Growing Local Economies" and advancing self-reliance through dignified employment.

"ROTARY'S STRENGTH IS THE ABILITY TO OPEN DOORS TO THE BUSINESS COMMUNITY THAT OTHERWISE WOULDN'T EXIST."

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RTN. RAJENDRA KALBAVI HONOURED AND SHARES INSIGHTS ON SUSTAINABLE DEVELOPMENT

Rtn. Rajendra Kalbavi served as the Installation Officer at the Association of Consulting Civil Engineers (India), Dharwad Centre, on 14th October 2025, where he was also felicitated for his role as the National President of ACCE (I).

In addition, he delivered a guest lecture at NITK Surathkal on "Sustainable Development with Water Conservation," emphasizing practical strategies for integrating sustainability into civil engineering practices.



CONGRATULATIONS, RTN DR. SADANAND POOJARY!

Rotary Club of Mangalore congratulates Rtn Dr. Sadanand Poojary on his installation as President of the Indian Medical Association (IMA), Mangaluru Branch for 2025-26.

The ceremony was held on 17th October 2025 at IMA House, Attavar Road, inaugurated by Dr. C.N. Manjunath, MP and former Director of Jayadeva Institute of Cardiology, Bangalore.



MEMBERS IN NEWS

ROTARY KREEDA BHANDHAVYA 3.0

Rotary Club of Mangalore Central
Zone 2, RID 3181, 2025-2026
Club Charter No - 24483 Charter Date - 06.04.1987

Rotary Kreedha Bhandhavya 3.0
ZONAL OUTDOOR GAMES | ZONE 2 & 3

Venue : Mangala Stadium, Mangalore

02 NOVEMBER 2025

Sports Events:					
Host by Rotary Club of Mangalore Central					
Date: 02nd November 2025					
Rotarians					
Sl. No.	Below 40 Years	40Yrs to 50Yrs	50 to 60Yrs	Above 60 yrs	
01	100 Meter Race	100 Meter Race	100 Meter Race	50 meter Race	
02	200 Meter Race	200 Meter Race	200 Meter walk	100 Meter Walk	
03	Shot Put	Shot Put	Shot put	Shot put	
04	Long Jump	Long Jump			
05	4x100 meter	Relay open to all			
Amns					
Sl.No.	Below 35Years	35Yrs to 45Yrs	45Yrs to 55 yrs	Above 55 yrs	
01	100 Meter Race	100Meter Race	50 Meter Race	50mtr race	
02	200Meter Race	400Meter Walk	200Meter Walk	100 meter walk	
03	Shot Put	Shot Put			
04	Long Jump	Long Jump			
05	Relay 4x100mts open to all				
Johns (Boys)					
Sl. No.	Below 6 Yrs	6 Yrs- 9Yrs	9 Yrs -12Yrs	12 Yrs-15Yrs	Above 15 Yrs -18Yrs
01	50Meter Race	50Meter race	100Meter race	100Meter race	100Mts race
02	Ball Throw	Lemon& Spoon	200 Meter Race	200 Meter Race	200 Meter race
03		Long Jump	Long Jump	Long Jump	Long Jump
04	Relay 4x100meter open to all				
Annets (Girls)					
Sl. No.	Below 6 Yrs	6 Yrs-Below 9 Yrs	9 Yrs-12Yrs	12 Yrs -15Yrs	15yrs to 18yrs
01	50Meter Race	50Meter race	100Meter race	100Mts race	100mts race
02	Ball Throw	Lemon& Spoon	200 Meter Race	200 Meter race	200 Meter race
03		Long Jump	Long Jump	Long Jump	Long Jump
04	Relay 4x100meter open to all				
Tug-of-war competition - one team from each club for both the men's and women's divisions.					

Dear Members,
Our Rotary zonal outdoor sports competitions will be held at Mangala stadium on Sunday, 2 November, hosted by Rotary Club of Mangalore Central. We encourage you to kindly sign up and participate — it's a great opportunity for fun, fitness, and fellowship with rotarians from across the zone. Let's have a strong presence from our club!

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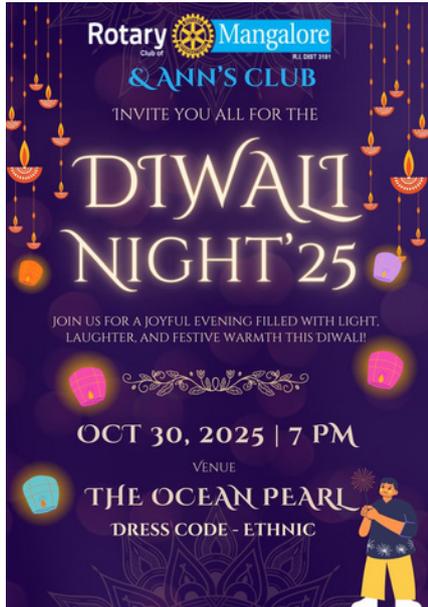
DIWALI NIGHT' 25

Dear Rotarians, Anns, Annets and Johns,
Our much-awaited Rotary Diwali Night has been rescheduled to **30th October 2025** for a brighter and more joyous celebration!

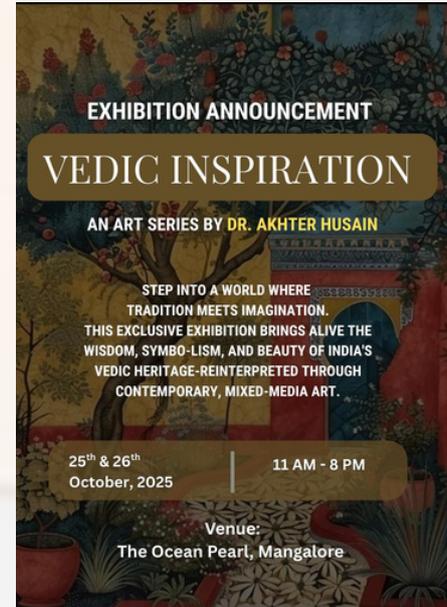
Get ready for an evening filled with lights, laughter, music, and fellowship as we celebrate the spirit of Diwali together.

Venue: Ocean Pearl
So mark your calendars and come dressed in your festive best!

Let's make this Diwali a night to remember!



ANNOUNCEMENT



Answer to last weeks Riddle:
The Four-Way Test

THE FOUR WAY TEST

Of the things we think, say or do:

- FIRST >** Is it the **TRUTH**?
- SECOND >** Is it **FAIR** to all concerned?
- THIRD >** Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- FOURTH >** Will it be **BENEFICIAL** to all concerned?

CLUB PULSE 16.10.2025

Total members : 91
Members present : 37
Exempt : 4
Makeup : 5
Percentage : 51%

WEEKLY MEETING Thursday, 7.00 P.M.

Ocean Pearl
Navabharath Circle,
Kodialbail, Mangalore

<https://www.rotarymangalore.com>

TRF SEMINAR 2025

Rotary District 318B
Rotary Club Puttur
UNITE FOR GOOD

Host:
ROTARY CLUB PUTTUR
JOIN US FOR THE GRAND TRF DISTRICT SEMINAR!

Dear Rotarians,
Get Ready to be Part of an Unforgettable Celebration! The dynamic Rotary Club Puttur invites you to a vibrant two-day Rotary TRF Seminar on November 8th & 9th (Saturday & Sunday), set in a picturesque Avenue.

Be a Witness to a Remarkable Event Packed with Highlights:

- * Exclusive Grand Prize for the First club, achieving 100% member registration and its President!
- * Special Awards for all clubs with 100% member registration.
- * Special Recognition for the highest percentage of registrations from Large, Medium, and Small clubs.
- * Attractive Event Kit for everyone registering online.
- * Mouthwatering Veg & Non-Veg Meals to satiate your taste buds.
- * Enchanting Cultural Programs to captivate your senses.
- * Insightful Seminar for inspiration and learning.

Don't Miss Out!
Seize this golden opportunity to connect, celebrate, and contribute to the Rotary spirit. Register now and be part of this extraordinary event!

Venue: Puttur Club
Date: November 8th & 9th, 2025
Reg. Fees: 1800/-
Register Online Today!

For more Details, Contact : * Rtn. Sathish Nayak
Chairman Registration Committee 9481228991

Rtn. Xavier Dsouza
TRF District Chairman 9448253463

Rtn. Chidananda Baidaly Chairman Kaasika	Rtn. Krishnakumar Raj PD Club Chairman TRF	Rtn. Dr. Shriprikash B. President, RC Puttur
Rtn. Shrikanth Kolathava Secretary Kaasika	Rtn. Rafeeg M.G Treasurer Kaasika	Rtn. P.H. Subbappa Kaikamba Secretary, RC Puttur

Let's make this Seminar a memorable milestone in our Rotary journey!

STEPS FOR REGISTRATION

1. Open www.kanike.org
2. Click on the Register Now button.
3. Fill in the form details: WhatsApp mobile number, Email, Club Name, Full Name, and Meal Type etc.
4. After filling in all the details, click the Submit button. You will be automatically redirected to the payment gateway page. Follow the instructions provided there.
5. After successful payment, you will receive a registration confirmation message via WhatsApp and Email.

For more Details Contact Rtn Sathish Nayak
9481228991

